

What Teens Want Other Teens to Know About Preventing Pregnancy

1. Thinking “it won’t happen to me” is stupid - if you don’t protect yourself, it probably will. Sex is serious. Make a plan.
2. Just because you think “everyone is doing it,” doesn’t mean they are. Some are, some aren’t - and some are lying.
3. There are a lot of good reasons to say “no, not yet.” Protecting your feelings is one of them.
4. You’re in charge of your life. Don’t let anyone pressure you into having sex.
5. You can always say “no”- even if you’ve said “yes” before.
6. Carrying a condom is just being smart - it doesn’t mean you’re pushy or easy.
7. If you think birth control “ruins the mood,” consider what a pregnancy test will do to it.
8. If you’re drunk or high you can’t make good decisions about sex. Don’t do something you might not remember or might really regret.
9. Sex won’t make him yours, and a baby won’t make him stay.
10. Not ready to be someone’s father? It’s simple: Use protection every time or don’t have sex.

For more information and reading materials, contact the Teen Pregnancy Prevention Program Coordinator at (504) 588-2175.

Talk About It! **Ten Things Teens Want Parents To Know About Teen Pregnancy**

1. **Show us why teen pregnancy is such a bad idea.**
Let us hear from teen mothers and fathers about how hard it has been for them.
2. **Talk to us honestly about love, sex, & relationships.** Help us to handle our feelings in a safe way - without getting hurt or hurting others.
3. **Telling us not to have sex is not enough.** Explain why you feel that way and ask us what we think. Tell us how you felt as a teen.
4. **Whether we’re having sex or not, we need to be prepared.**
We need to know how to avoid pregnancy and sexually transmitted diseases.
5. **If we ask you about sex or birth control, don’t assume we are already having sex.**
We may just be curious, or want to talk with someone we trust.
6. **Pay attention to us before we get into trouble.**
We all need encouragement, attention, and support.
7. **Sometimes, all it takes not to have sex is not to have the opportunity.** Often we have sex because there’s not much else to do. Don’t leave us alone so much.
8. **We really care what you think, even if we don’t always act like it.** When we don’t end up doing exactly what you tell us to, don’t think that you’ve failed to reach us.
9. **Show us what good, responsible relationships look like.**
If you demonstrate sharing, communication, and responsibility in your own relationships, we will be more likely to follow your example.
10. **We hate “The Talk” as much as you do.** Instead, start talking with us about sex and responsibility when we’re young, and keep the conversation going as we grow older.

For more information and reading materials, contact the Teen Pregnancy Prevention Program Coordinator at (504) 588-2175.



*Sponsored by Senator Paulette Irons,
Representative Karen Carter
and The Community Volunteers Association
Teen Pregnancy Prevention Program*



**For more information and to get a list of resources
that can help you and your teen, contact the
Teen Pregnancy Prevention Program Coordinator
at (504) 588-2175.**



*Sponsored by Senator Paulette Irons,
Representative Karen Carter
and The Community Volunteers Association
Teen Pregnancy Prevention Program*



**For more information and to get a list of resources
that can help you and your teen, contact the
Teen Pregnancy Prevention Program Coordinator
at (504) 588-2175.**